PEAK PERFORMANCE!" Spectrum of Services

Peak Performance!™ is a nationally recognized performance-enhancement training and development company. We help people improve the way they think about themselves and work with each other. A skilled, knowledgeable, and innovative team of experts, we're committed to developing long-lasting, client-centered relationships.

founded on the principles of the Ladder of Experiential The PEAK PERFORMANCEI™ Spectrum of Services®, our proven training solutions. Each training module is Training, helps clients match their training needs with designed and proven to achieve specific targeted based on current research in adult learning, and participant outcomes.

PERFORMANCE!

LADDER OF EXPERIENTIAL TRAINING

Steps to Higher Achievement

for Higher Performance Independently Striving

> Perform Like a Team (Organization Development Consulting, Coaching)

Changing & Improving Behavior

Giving & Receiving

Feedback

'Specific Skill Building) Act Like a Team

Goal Setting & Planning

Problem Solving

Communication

(Relationship Building) Feel Like a Team

Trust

¹ Used with the gracious permission of the author, Dev. Pathik and the Traine

Thinking Strategically

Please contact us to see how we can

help you reach Peak Performanceitm

"The Peak" Social Search & Corporate Creating Land **Portrait** Mobile Mixers! Challenge Rescue Everyone's Sailing High **Navigation** By The Rock-**Achieving** A Star! Regatta **EVENTS** Adventure **Masters** Climbing Body Survivor Scavenger **Teams** Wall **Building** Challenge Hunt KNOW YOUR TARGET KEEP YOU GOING GET YOU THERE TOGETHER **EXPLORE YOUR NEEDS** "The Six "The Wisdom of "Who Stole "The Leadership **Complementing** "Good to Great" "High Five" "The Fifth Discipline" Challenge" Teams" My Cheese" Sigma Way" the Authors Jim Collins **Spencer Johnson Peter Senge** Kouzes and Katzenbach Spencer Peter **Programs** and Smith **Pozner Johnson Pande** The **US Navy Smiland Paint SYSCO** AT&T Chili's Grill and Bar **Examples of** Microsoft **American Energized and Boosted** Company Launched **High Adventure Ropes Customized** Windows XP **Red Cross New Sales** In-House Vendor **Educated Sales** Course with Leadership Meeting **Training Product Program Team Training Appreciation** Team **Training Component Facilitation Programs** Launch **Program** Day Strong Recreational Redefining Product Meeting **New Employee Specialized** Company Launch **Facilitation Employee** Weekends for Company Orientation **Modules Picnics Families Organizations** Values **Adventures Services Programs** Peak Performance Training Systems, Inc., 627 W. Valley Blvd., Big Bear City, CA 92314

PEAK PERFORMANCE!TM SPECIAL EVENTS AND CUSTOM PROGRAMS EACH OF THE PROGRAMS ON THIS PAGE HAS BEEN DEVELOPED, DELIVERED, AND REFINED TO CREATE A PROVEN AND RELIABLE PRODUCT.



PEAK PERFORMANCE!™ Spectrum of Services

MATCH YOUR TRAINING NEEDS WITH THE APPROPRIATE TRAINING MODULE.

- 1. Consult the "Colorcoded Program Types" chart below to identify the Team Outcome and Desired Results and the corresponding Program Type to match your training needs.
- 2. Select a topic, i.e., "Communication" or "Leadership" that also matches your training needs.
- 3. Match the "Program Type" and the "Topic" to the corresponding module to give you the Peak Performance! training module best suited for your specific training needs.

COLORCODED PROGRAM TYPES

Program Type	Team Outcome	Desired Results		
Relationship Building	Feel like a Team	Gain new awareness and insights into critical team issues See new potential and develop higher expectations		
Specific Skill Building	Act like a Team	Acquire new skills Practice skills for increasingly complex challenges		
Organizational Development, Consulting and Coaching	Perform like a Team	Change behaviors by using new skills and receiving coaching from mentors Take personal responsibility for performance and strive for much more		

PROGRAM TYPES	TEAM FOCUS	INNOVATION CREATIVITY	COMMUNICATION	CHANGE MANAGEMENT	SALES TEAMS	LEADERSHIP	CUSTOMER SERVICE	EFFECTIVE MEETINGS	MERGER & ACQUISITION
Relationship Building	Building Blocks of Teamwork	Expansion Thinking®	Beyond Cooperation	Profiting From Change	Achieving the Impossible	Coaching a Team vs. Commanding an Army	Customer Service Basics	Meetings: Fearful or Fantastic?	Building Common Ground
Specific Skill Building	Giving Great Feedback	Hey, No Problem®	First Try Communications©	Mastering The Skills of Change	Can-Do Culture	Leading as Coaching	World Class Customer Service	Meetings That Really Produce	Integrating Cultures
Organizational Development	Developing Guiding Principals & Core Values	Profiting From Creativity	Let's Talk™: Collaboration and Communication Between Managers	Change Through Coaching	Consultative Sales Training	Optimizing Leadership [©] Impact	Implementing World Class Customer Service	Meeting Facilitation, Strategic Planning Sessions	Out of Two, One

Special Events	Ignition Experience	1) Unique, FUN, high-energy, hands-on, interactive ignition experience 2) Co-create an incredible event that they'll be talking about for months			
Open Enrollment Programs Personal Effectiveness		Achieve your goals, lead better teams, develop a plan for success Join an interdependent community of high achievers			

